

**ARMY WELFARE EDUCATION SOCIETY(AWES) : FDRC**

**“CAPACITY BUILDING WORKSHOP ON Physical Education Teachers APS ” PHYSICAL WORKSHOP SER 13 /24-25**

**DURATION : 18-22 Nov 2024**

**VENUE : APJ HALL**

**ATTENDANCE : Physical Education Teachers APS**

Day	Session 1 (0930-1000h)		1130 - 1145h	Session 2 (1130-1315h)		131 5 - 141 5h	Session 3 (1415-1630h) with 5 Mins Break	
	Monday 18 Nov 24	0900-0915h – Participants Registration (Academic Clk) 0915-0930h – Briefing by Dir Coord 0930-1000h - <b>Opening Address by MD</b> 1000-1015h - Group Photographs		<b>1030-1130</b> Leveraging Army sports networks for mentoring and training <b>Key Note Address by Gen Murali</b>	Tea Break		Planning and upgrading sports facilities in Army Public Schools <b>Col Chandel, Dir Projects</b>	Lunch Break
Tuesday 19 Nov 24	Awareness session on Physical Activity Trainer (9th &10th) <b>Aditya Kedia Resource Person SPEFL-SC</b>		Awareness session on Physical Activity Trainer (11th &12th) <b>Aditya Kedia Resource Person SPEFL-SC</b>	Self-Defence <b>Aditya Kedia Resource Person SPEFL-SC</b>				
Wednesday 20 Nov 24	Designing PE Curriculum for Various Grades <b>Dr. Vikram Singh, Prof JNU</b>		Career in physical education and yoga <b>Dr. Vikram Singh, Prof JNU</b>	Addressing gender stereotypes and encouraging equal participation <b>(SC)</b>		Aligning sports education with national and international standards <b>(CC)</b>		
Thursday 21 Nov 24	Exploring scholarships and financial support for student athletes <b>Col Pradeep, Dir SL&amp;F</b>	Promotion of Hockey at Sub-Junior and Junior Level <b>Sh Devesh Chauhan Olympic Player</b>	Building Success: Key Factors Behind Nurturing Exceptional Athletes <b>(NC)</b>	Successful athletes from the armed forces <b>Mrs Debasmita Chatterjee, PGT APS Binnaguri(EC)</b>				
Friday 22 Nov 24	Protocols for dealing with sports injuries and rehabilitation programs <b>Dr Piyush Singh Spinal Injury Centre</b>		Protecting Joint Health in Sports: Injury Prevention and Management Techniques <b>Dr. Abhishek Spinal Injury centre</b>	1415-1430h - Summing Up session 1430-1545h - Feedback 1545-1615h - <b>Closing Address by MD</b>				